

The book was found

# Weight Watchers 360 Pocket Guide



## Synopsis

This is the 2013 Pocket Guide.

## Book Information

Paperback: 160 pages

Publisher: Weight Watchers (July 1, 2012)

Language: English

ASIN: B00DDSBHTO

Product Dimensions: 5.7 x 3.9 x 0.4 inches

Shipping Weight: 3.2 ounces

Average Customer Review: 4.1 out of 5 stars Â Â See all reviews Â (9 customer reviews)

Best Sellers Rank: #754,967 in Books (See Top 100 in Books) #161 in Â Books > Health, Fitness & Dieting > Diets & Weight Loss > Weight Watchers

## Customer Reviews

Didn't have alot of what I needed in it. I was hoping it was more informative than it was. Not like the old weight watcher books that had a lot of food listings

The book I ordered not knowingly was only 23 pages written in English of the 160 content pages. Shocked and disappointed in this version. I am hoping another version is more friendly to English non bilingual readers. Extremely poor content information given while selecting this book. I will need to return this version with hope another all English version exists. Unsure.

It is a simple point counting system. So no longer required to count every calorie. I find it more convenient and would encourage others to give it a try.

Yes, I would recommend this product.It is very easy to use!! use it instead of the online nowThank you

Great book as are all the weight watchers books. Just can not go wrong with Weight Watchers Books or scales.

[Download to continue reading...](#)

Weight Watchers: Weight Watchers Cookbook-> Watchers Cookbook- Weight Watchers 2016

Weight Watchers Cookbook - Points Plus - Points Plus-Weight ... Points Plus, Weight Watchers 2016) (Volume 1) Weight Watchers: The Best Proven Tips, Tricks & Recipes To Simple Start, Losing Weight And Feeling Great! (weight watchers recipes, weight watchers cookbook, weight watchers 2016, weight loss) Weight Watchers: Smart Points Guide - 77 Delicious Weight Watchers Recipes For Rapid Weight Loss! (Smart Points, Weight Watchers Cookbook, Weight Watchers 2016, Recipes) Weight Watchers: Fast Start For Beginners. Friendly Guide That Will Help You To Lose First 20 Lbs In 20 Days: (Weight Watchers, Weight Watchers Simple ... loss tips, weight watchers for beginners) WEIGHT WATCHERS RECIPES: Weight Watchers Slow Cooker Cookbook The SmartPoints Diet Plan: Easy Crockpot Recipes for Rapid Weight Loss including SmartPoint™ (Weight Watchers Smart Point Recipes) Weight Watchers All-Time Favorites: Over 200 Best-Ever Recipes from the Weight Watchers Test Kitchens (Weight Watchers Cooking) Weight Watchers 360 Pocket Guide Weight Watchers: The Top Weight Watchers Mistakes you NEED to Avoid with Step by Step Strategies for the Fastest Scientifically Proven Way To Lose Weight (Easy Smart Points Guide) Weight Watchers: Top Desserts For Weight Loss: The Smart Points Cookbook Guide® with over 100+ Approved Dessert Recipes (Weight Watchers Desserts, Start the Easy Points Plus Diet) Windows Vista®: Home Entertainment with Windows® Media Center and Xbox 360®; With Windows Media Center and Xbox 360 (EPG-Other) Weight Watchers 2014 360 Program Eat Out Companion (New version of Dining Out) Brand New Weight Watchers Family Meals: 250 Recipes for Bringing Family, Friends, and Food Together (Weight Watchers Lifestyle) Weight Watchers In 20 Minutes (Weight Watchers Cooking) Weight Watchers All-Time Favorites: Over 200 Best-Ever Recipes from the Weight Watchers Test Kitchens Weight Watchers New Complete Cookbook, Fifth Edition: Over 500 Delicious Recipes for the Healthy Cook's Kitchen (Weight Watchers Cooking) Weight Watchers: The Smart Points Cookbook Guide® with over 100+ Approved Dessert Recipes (Weight Watchers Desserts, Start the Easy Points Plus Diet) Weight Watchers: Delicious Weight Watchers Points Plus Chicken Recipes Heart Health: Heart Healthy Cookbook: 30 Quick & Easy, Heart Healthy Greek Recipes For Smart Heart Health (cooking, weight loss, weight maintenance) (cooking, ... weight maintenance, weight watchers Book 1) Weight Watcher for Rapid Weight Loss: Lose Up To 30 lbs. in 30 Days (Weight Watchers Low Fat Low Carb Weight Loss Diet Book) Minecraft Seeds: Top 30 Seeds for Pocket Edition ((+ Gift Inside) , Minecraft Seeds Handbook ,Minecraft Seeds for Pocket Edition , Minecraft PE Seeds , Minecraft for xbox 360 , Minecraft PC )